

You could WIN an

# Organising Makeover room or office!

A Professional Organiser can make the old adage "work smarter not harder" come to life. Cluttered, disorganised, out of control or messy room or office? We can help get you organised.

We are giving one lucky winner an organising room makeover with Glenda Hamilton from Perfectly Organised.

All you have to do is photograph your messy room & send it in!

- Declutter
- Organise
- Regain control



**Room or Office Organising Makeover is valued at \$1,000.**  
Does not include painting, refitting or filling



Do you have a room or office that looks like this?

Perfectly Organised

www.organised.net.au

**HOW TO ENTER:**

1. Attach a colour before photograph of your cluttered makeover room
2. Collect a Monday, Wednesday & Friday entry form each week.
3. Attach your photograph & staple the 3 entries together.
4. Post or hand deliver your entries to: Organising Makeover, Fort Macquarie News 15-20 Mason Circuit Fort Macquarie NSW 2444

PLEASE PRINT

NAME: .....

ADDRESS: .....

DAYTIME PHONE: .....

MOBILE: .....

NEWS

Entries close Thursday 5th October at 5.00pm. Competition to close by Friday 7th October by telephone.

Conditions of Entry: You may enter as often as you like but all entries must be original. No photocopies or facsimiles will be accepted. One photograph of the room you are entering must be attached to three entries each week. You may enter different rooms at other as you like. The maximum number of entries per person will be 3 per week. The prize is for the room which will receive the highest number of votes. The location is for the Hastings region only. The prize is not responsible for cash, gift and merchandise items. Members of Regional Newsletters are not eligible to enter. Judges decision is final. Franchise Number LTPMA/000022 P42009988

# Spring into the new you

SPRING is the time for a good clean-up and de-clutter of all those saved bits and pieces you haven't even looked at since last year.

We all have a spare "junk room" we are grateful can be hidden behind closed doors.

In fact statistics from an Australian Institute study two years ago state 88 per cent of homes have at least one cluttered room - usually the spare bedroom.

The garage comes a close second. Hoarding is not a gender-specific trait.

Someone who knows how to deal with these black holes of collected "stuff" is Glenda Hamilton of Perfectly Organised.

Mrs Hamilton began her enterprise two-and-a-half years ago.

Her background is in human resources which, in theory, is the organisation of people into the right work place and job, she said.

She always has been fastidious in her own office and her spices are arranged alphabetically.

After reading about the Australian Association of Professional Organisers and doing some research Mrs Hamilton decided to do a course and set up the first such business on the Mid-North Coast. She has six tips to help those of us who can recognise a cluttered area around their home or office. Try these:

- 1: Schedule some time in your calendar to actually do your clear up.
- 2: Choose one project and stick with it until it's done.
- 3: Recycle items that are no longer of use to you - one man's trash is another man's treasure.
- 4: Stop the clutter by not adding to it. Don't buy it or acquire it or collect it.
- 5: Put everything in its place and replace it after every use.
- 6: Get help to declutter and reorganise and make it fun.

• If your spring clean seems like too much to handle, see our competition on page 2 to win a makeover of a room or office with Glenda Hamilton.



Perfectly organised: By name and by nature Glenda Hamilton of Perfectly Organised is just that.