

GET THE **NAC!** NATIONAL ORGANISING WEEK ['NOW'] ACTIVITY CALENDAR: SEPTEMBER 6-12, 2010

YOUR NAME: _____

Proudly presented by WA Members: Take our crash course in Organising -- you'll love it!

MONDAY 6th	TUESDAY 7th	WEDNESDAY 8th	THURSDAY 9th	FRIDAY 10th	SAT/SUN 11th/12th
<p>Look What do organisers do?</p> <ul style="list-style-type: none"> Visit www.aapo.org.au and browse around, or: Click <i>Find an Organiser</i> Search <i>Australia by State</i> only: <ol style="list-style-type: none"> Use <i>WA</i>, exploring <i>More</i> links in results; Do the same for <i>Any</i>. <p>Organisers can do a lot!</p>	<p>Look</p> <ul style="list-style-type: none"> Can you find <i>Organising or Decluttering</i> in a large bookshop or library? It may be difficult! If so, try broad topics: <i>Interior Design, Space Clearing</i>, or the placement arts like <i>Feng Shui</i> can help. Browse findings. 	<p>Look Does your schedule allow time for you to do these tasks? Does your diary run you instead of serving you?</p> <ul style="list-style-type: none"> Block out times for tasks you personally want to do this week. Treat them as appointments & keep to your own schedule. 	<p>Look</p> <ul style="list-style-type: none"> Visit Howards Storage World, IKEA or a similar store. Note storage options & your pre-purchase questions: <ul style="list-style-type: none"> - Right fit, colour? - Need assembly? Etc. Take notes, but resist purchases until planning is complete. 	<p>Look</p> <ul style="list-style-type: none"> Consult your local council (or visit www.recyclingnearyou.com.au) for how to recycle or dispose of problem items such as: <ul style="list-style-type: none"> - electronic goods - chemical waste. Collect these together ready for removal. 	<p><input type="checkbox"/> Get outdoors!</p> <p>Spend a morning at one of the season's wildflower events.</p> <p>The beautiful sights, scents & wide-open spaces will give you incentive to keep your home airy & pleasing.</p> <p>Besides, you've earned the break!</p> 
<p>Prep Plan:</p> <ul style="list-style-type: none"> List areas of clutter in the home. Envisage these areas as you'd like them to be. Plan steps toward this. Call 5 friends & tell them you're participating in National Organising Week. Invite them to join you. 	<p>Prep Read:</p> <ul style="list-style-type: none"> Spend an hour on any newly borrowed or bought Organising book, or an unused/unread one you already have. Take notes & adjust your Plan as required. 	<p>Prep Snoop:</p> <ul style="list-style-type: none"> Rummage around the house & garage for containers or shelving to re-deploy as storage solutions. Set these aside. <p>By fully utilising existing 'stuff' & not adding more, you are double-decluttering!</p>	<p>Prep Inspect:</p> <ul style="list-style-type: none"> Review & measure your home's storage areas. Decide what you truly want to store there. Where will the rest go? Add storage notes to your Plan. If these get complex, declutter more ruthlessly. 	<p>Prep Finalise:</p> <ul style="list-style-type: none"> Review & complete your Plan. Enter Organising appointments in your diary to carry out your Plan. <p>(Remember to visit www.aapo.org.au if you need to find an Organiser to help you.)</p>	
<p>Do Declutter your purse or wallet contents:</p> <ul style="list-style-type: none"> Scraps & stale business cards --diarise key info; recycle/shred. Expired plastic --cut up & discard. Valid items --assign to proper pockets. Tatty purse or wallet? Consider an upgrade. 	<p>Do</p> <ul style="list-style-type: none"> Take relevant Action steps from the book above . If none relevant or no book, reduce <i>rubbish</i> &/or <i>recycling</i>. Roam the house with bags for each purpose. Aim to fill at least one bag-type per room. Discard appropriately. 	<p>Do</p> <ul style="list-style-type: none"> Organise your bathroom cabinet. Tackle other places you store toiletries & cosmetics, too. Take expired or unwanted medicines to your local pharmacy to dispose of safely. 	<p>Do</p> <ul style="list-style-type: none"> Sort the linen cupboard. Define a purpose for each shelf. Keep fresh, crisp linen there; not old towels or closet bric-a-brac. 	<p>Do</p> <ul style="list-style-type: none"> Call your 5 friends from Monday. Have they "Got the NAC"? Share your progress & ideas with each other. Email competition@aapo.org.au about your Organising experience, subject line: "I have the NAC!" 	

Choose your participation level: Look, Prepare, Do. If you're busy, just **Look** 😊

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